



## FACILITATOR

# SINGLES EDITION

DATING/ENGAGED EDITION:  
WEEK 3 - PREPARING FOR "I DO"

**WELCOME EVERYONE.** *Today we are preparing to say "I do!"*  
*Take about 8 minutes to talk through the following questions:*

What is the toughest challenge that you've prepared for (sports, physics class, etc.)?  
What did that preparation look like?

### → THE IMPORTANCE OF PREPARATION (10 MINUTES)

Promises are no substitute for preparation.

Just because you say "I do" doesn't mean that you are able, it just means you're accountable. I don't want you to promise something you are unable to deliver on, nor do I want you to marry someone who can't deliver on his/her promise.

Let's look at Solomon - he says the paths we choose trump the promises we make.

PROVERBS 14:8 (NIV)

The wisdom of the prudent is to give thought to their ways, but the folly of fools is deception.

PROVERBS 22:3 (NIV)

The prudent see danger and take refuge, but the simple keep going and pay the penalty.

PROVERBS 14:15 (NIV)

The simple believe anything, but the prudent give thought to their steps.

The paths people choose, trump the commitments they make.

The past is a better indicator than a promise.

You may be looking for words like "I love you," you're looking for emotions, but your friends and family are looking for patterns of behavior.

Commit now to become someone who can keep his/her commitments later.

Take responsibility for your life...seek God's will. Confess, don't hide. Forgive and let go.

*"If you attempt to build intimacy with a person before you've done the hard work of becoming a whole and healthy person, every relationship will be an attempt to complete the hole in your heart."*  
Les and Leslie Parrott

Great news! You will never have more time or be more motivated to work on this than right now!

### → PREPARING FOR "I DO" SELF-ASSESSMENT (20 MINUTES)

Remember, this is just an assessment to indicate areas that you need to work on. This does not equate your value as a person or if you are flawed. This is for you to think through things as you become someone that can keep their promises. The assessment is divided into two sections: Heart & Habits. Let's read the Scripture and then take the assessment.

Love is **patient**, love is **kind**, It does **not envy**, it does **not boast**, it is **not proud**. 5 It does **not dishonor** others, it is **not self-seeking**, it is **not easily angered**, it keeps **no record of wrongs**.

6 Love does **not delight in evil** but rejoices with the truth. 7 It **always protects**, **always trusts**, **always hopes**, **always perseveres**. 1 CORINTHIANS 13:4-7 (NIV)

**DEBRIEF THE SELF-ASSESSMENT (1 MINUTE)**

Be careful not to be overly critical about yourself. Don't be discouraged just to see this as an opportunity to grow, and an invitation for God to do a deep work in your life.

**→ TABLE DISCUSSION (16 MINUTES)**

According to the Heart Section of the assessment, what area needs the most work?  
Why do you think that is?

According to the Habit Section of the assessment, what area needs the most work?  
Why do you think that is?

**GIVE A WORD OF ENCOURAGEMENT AND THEN PRAY OVER THE GROUP.**

